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# Tides of Change 2 million years on the Suffolk Coast

Tim Holt-Wilson

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Location map

# Tides of Change



**2 million years on  
the Suffolk Coast**

**Tim Holt-Wilson**



*Front cover*



This book is an introductory guide to the coastal geodiversity of Suffolk, the first of its kind. It focuses on the stretch from Pakefield to Felixstowe, taking in a range of publicly accessible geological features and landforms, telling the story of the physical landscape we see today. Many of these places are designated Sites of Special Scientific Interest or County Geodiversity Sites. Using this book as a starting point, you can go on to discover them in more detail using the resources and references provided. A glossary is provided to give more detail about key words and concepts.

I hope readers will discover some fascinating new places. I also hope they will come to appreciate the dimension of deep time which underlies the world around us: the value of Suffolk's rocks and sediments as windows into the past and a guide to the future, and the temporary nature of everything we see. The Suffolk coast is a place for contemplation as well as exploration.

Tim Holt-Wilson



Rear cover